

Yoga on 6th 2009 Teacher Training Schedule

Week 1	November	Time
Sunday	1st	9am-5pm
Monday	2nd	7pm-8pm
Tuesday	3rd	5pm-10pm
Wednesday	4th	7pm-8pm
Thursday	5th	5pm-10pm
Friday	6th	OFF
Saturday	7th	10am-11am
Week 2	November	Time
Sunday	8th	9am-5pm
Monday	9th	7pm-8pm
Tuesday	10th	5pm-10pm
Wednesday	11th	7pm-8pm
Thursday	12th	5pm-10pm
Friday	13th	OFF
Saturday	14th	10am-11am
Week 3	November	Time
Sunday	15th	9am-5pm
Monday	16th	7pm-8pm
Tuesday	17th	5pm-10pm
Wednesday	18th	7pm-8pm
Thursday	19th	5pm-10pm
Friday	20th	OFF
Saturday	21st	11am-12pm
Week 4	November	Time
Sunday	22nd	9am-5pm
Monday	23rd	OFF
Tuesday	24th	OFF
Wednesday	25th	OFF
Thursday	26th	TURKEY DAY
Friday	27th	OFF
Saturday	28th	OFF
Week 5	November	Time
Sunday	29th	OFF
Monday	30th	7pm-8pm
Tuesday	1st	5pm-10pm
Wednesday	2nd	7pm-8pm
Thursday	3rd	5pm-10pm
Friday	4th	OFF
Saturday	5th	11am-12pm
Week 6	December	Time
Sunday	6th	9am-5pm
Monday	7th	7pm-8pm
Tuesday	8th	5pm-10pm
Wednesday	9th	7pm-8pm
Thursday	10th	5pm-10pm
Friday	11th	OFF
Saturday	12th	11am-12pm
Week 7	December	Time
Sunday	13th	9am-5pm
Monday	14th	7pm-8pm
Tuesday	15th	5pm-10pm
Wednesday	16th	7pm-8pm
Thursday	17th	5pm-10pm
Friday	18th	OFF
Saturday	19th	11am-12pm
Week 8	December	Time
Sunday	20th	9am-5pm Graduation Party

Weekly Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00	Practice						Practice
10:00							
11:00	Method						Practice Tea
12:00							
1:00	Lunch						
2:00	Philosophy						
3:00							
4:00							
5:00		Practice	Practice	Practice	Practice		
6:00							
7:00		Practice Teach	Dinner	Practice Tea	Dinner		
8:00			Method		Method		
9:00							
10:00							
11:00							
12:00							