

***Yoga on 6th HotYoga Teacher Training Coming this Spring!***

***This program will give you the tools, hands-on experience and confidence needed to teach a dynamic and challenging (physically and mentally) hot yoga class. This program is for new and experienced teachers that are ready to tap into their own inner power.***

***The demand for well-trained Certified Yoga Teachers has grown exponentially! It is estimated that 15-18 million Americans are practicing yoga today.***

***Yoga on 6th will be following the guidelines established by Yoga Alliance for 200 hour teacher certification.***

***Cost: \$100 application fee***

***Tuition: \$2900 paid in full by May 1st (\$500 off!)***

***Tuition: \$3400 paid in full after May 1st***

***Payment Plans Available***

***Dates and times: See course calendar and grid***

***We want to make this training as GREEN as possible by reducing the amount of printed material. All material will be available via a file that will be emailed to you. We will encourage you to bring your laptop to each session and we will provide a projector for lecture. If necessary, we will print material for an extra fee.***

## **200 hour Teacher Training Application**

### **Application Requirements**

Applicants must complete the following 5 items.

Items B - E must be delivered in a sealed package.

Incomplete applications will not be considered for acceptance.

### **Physical Requirements**

All applicants must have a consistent yoga practice of at least two years.

### **Acceptance Notification**

Applicants who have been accepted will be notified via e-mail. If you prefer to be notified by phone, please state so clearly on your application. Accepted applicants **must confirm their acceptance immediately** via e-mail or telephone. If an accepted applicant fails to confirm by **6 days prior to program start date**, his/her space will be offered to another applicant.

### **Tuition Payments**

Participants must pay their remaining balance in full no later than **one week before the program start date**. Payment must be made by credit card, check, or money

order payable to **Yoga on 6th.**

### **Tuition Refunds**

Cancellations received on or before the **acceptance notification date** will be charged a \$100 processing fee.

Cancellations received after the **acceptance notification date** will be charged a \$250 cancellation fee. Notice of cancellation must be made in writing. **No refunds permitted 10 days prior to program start date.**

Contact: **Ashley Phoenix 720.530.3305** or email **kashleyphoenix@msn.com**

## **! IMPORTANT DATES !**

**6 weeks prior to program start date** Application Deadline & \$500 deposit due

**5 weeks prior to program start date** Acceptance Notification

**4 weeks prior to program start date** Participant acceptance confirmation and balance due April 9th

**A.** All applicants must attend minimum of 3classes/week during training included in tuition.

**B.** Completed application form.

**C.** 2 current letters of recommendation

- one from a yoga teacher

- one from an employer or mentor (non-family)

**D.** A recent photo of you alone (full body shot).

**E.** \$500 deposit. Deposit will be applied toward tuition if accepted and refunded if not accepted (less a \$75 fee for processing). This deposit must be in the form of a check or money order made payable to Yoga on 6th and must be attached to the application.

**Please provide the following information and answer questions 1-5 on a neatly typed page.**

Name

Address

City State Zip

Home phone Work phone

Mobile phone E-mail address

Date of birth

**1.** What is your background and experience with yoga? How many years you have been practicing yoga?

Please list in detail:

School/Style Teacher(s) Number of Years

**2.** What is your educational and professional background outside of yoga?

3. Why do you want to take this yoga teacher training?
4. Please describe any special medical concerns.  
Are you currently taking any medication?
5. Where do you currently practice yoga? If so, with whom/which style of yoga?

# **Yoga on 6<sup>th</sup> 200 hour Teacher Training Application**

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Ashley Phoenix, R.N. EYRT,  
Yoga on Sixth/Baptiste Affiliate Studio  
Denver, Colorado 80206  
[www.yogaon6th.com](http://www.yogaon6th.com)  
303.388.6408